

## Foreword

This book is the result of the secret knowledge I've been transmitted by a modern Mexican shaman and by an ancient sorcerer of Mexico, don Juan and the death opponent, knowledge that allowed me to follow the magical way of Nagualism.

All the topics I deal with in this book is the organic and systematic reconsideration of the subjects discussed by Carlos Castaneda, such as the perception's widening, the art of *stalking*, the practice of *dreaming* and the control of the *intent*.

With this work I did not confine myself to re-present the teachings already developed in Castaneda's books but, thanks to the teaching I have been given, I could bridge the gaps left by the well-known anthropologist. So I've been able to reveal all the gates of *dreaming*, all the abstract cores and all those knowledge concerning shamans' world, a separate reality.

## Introduction

In the early 60s, Carlos Castaneda, a young anthropologist of California University, gets in touch with an old shaman, don Juan, a northern Mexico Yaqui Indio. Between the old shaman and the young anthropologist was born a new good friendship, an extraordinary mentor-disciple relationship that calls the “classic” one to the mind, such as that one between Socrates and Platone.

In those years Castaneda begins recording his training as an “apprentice sorcerer” and the partnership with his master will produce his books in which he describes his amazing apprenticeship.

Later, in the 70s, Carlos Castaneda is charged to have falsified data and reports contained in his books and to have provided a very different biography of himself, in contrast with document data and testimonies. But, in his second book – A Separate Reality – the well-known anthropologist reports, without making any mystery, what don Juan told him: “...a shaman’s real name and the place where he lives must not be revealed”. Therefore, there is nothing to be surprised if he falsified dates, places and names of his books’ characters.

Then, in the 80s, Carlos Castaneda writes more and more accurate and detailed reports and other characters, besides don Juan and don Genaro, come on the scene, other Mexican modern shamans and an ancient sorcerer of Mexico, the death opponent.

Finally, in the 90s, Carlos Castaneda develops a system of

movements of the body that he calls Tensegrity and states: “To create those ‘movements’ I got inspiration from the magical passes found out by the sorcerers of ancient Mexico”.

On April 27<sup>th</sup> 1998 Carlos Castaneda dies, as a man, about ten o’clock in the morning and his body is cremated in Los Angeles. And it is undoubtedly interesting to notice what is written in his fifth book – The Second Ring of Power – in which la Gorda, a don Juan’s apprentice, reveals to Castaneda that ten o’clock a.m. would have been his new hour: “If you remain a man you will die around that time. If you become a sorcerer you will leave this world around that time”.

In Carlos Castaneda’s sixth book – The Eagle’s Gift – Silvio Manuel, a member of don Juan’s group, reveals to Castaneda that he was not the right Nagual – four-forked Nagual – to lead the group of apprentices. His bubble’s configuration had three compartments – three-forked Nagual – instead of four. There was another rule for him, that one of the three-forked Nagual.

As a Nagual, I decided to present this book in order that the secret teaching of Nagualism may be transmitted in its totality, as I received it – *silent knowledge* – by don Juan, my teacher, and by the death opponent, my benefactor. I can’t provide any evidence of my good faith, but this book provides the reader with the power to value the work I’ve done and to draw the proper conclusions.

The modern shamans, like in don Juan’s case, and the ancient sorcerers, like in the case of the death opponent, have three cycles. In the first and second cycle they are human beings, that is to say they have an organic body. The first cycle is when they are disciples, while in the second one they are teachers. Instead, in the third cycle they are no longer human, that is to say they haven’t a biological body anymore but they own an inorganic body. They come to give Nagualism’s secret teachings.

The teachers, in their second cycle, give the teaching to their disciples on two levels.

The first level comprises the lessons for the right side, the state of normal perception that is the state of awareness needed to deal with every day life. In this condition – state of normal perception – the disciples receive the teachings that comprise basic concepts and procedures.

The second level, instead, comprises the lessons for the left side, the state of altered perception that is the state of awareness needed to receive the most significant part of the teachings. In this condition – state of intense perception – the disciples receive the teachings that comprise high concepts and particular procedures.

The advantage of the intense perception state lies in the fact that the mind is focused on any thing with extreme strength and perceptive clarity – tremendous concentration and acuteness of perception – out of the ordinary. Furthermore, the mind is able to grasp precisely the meaning of things with immediacy – acuteness of thought and increased comprehension – and the disciple's acting will be told by certain firmness. The disadvantage of this state lies in the fact that, when one comes back to the state of normal awareness, the mind is incapable of remembering what has happened. Only later, with a huge effort, the "task of remembering" can be carried out, the transformation from intense awareness to simple memory. Moreover, the disciple, when he is in the intense perception state, cannot be alone and must be looked after by the teacher who knows how to behave in that circumstance.

The teachers, during their third cycle, give the teaching to their disciples on a third level.

The third level comprises the lessons for the central part, state of silent perception that is the state of awareness needed to receive the most occult part of the teachings. In this state – state of silent perception – the disciples receive the teachings comprising concepts that derive from the silent knowledge – devoid of the annoying presence of spoken language – and procedures told directly by the *intent*, the *power* that rules universe's destiny.

Don Juan and the death opponent came to me, with their inorganic bodies, to give me Nagualism's secret teachings, essentially based on the knowledge of the Six Attentions (First, Second and Third Attention, Attention Zero, Fourth and Fifth Attention). Their knowledge and their power, directly related to *intent's* silent knowledge, allowed me to write this book.